

Connie L. Evers, MS, RD

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BIOGRAPHICAL SKETCH

Connie Evers, MS, RD, is a specialist in children's health and nutrition education and the author of *How to Teach Nutrition to Kids*, a book which is used in thousands of schools throughout the world as a framework for nutrition education. She is also the author of the activity book *Nutrition Fun with Brocc & Roll* and the Disney children's book, *Good for You! Nutrition Book and Games*. Connie works as a nutrition consultant to schools, universities and USDA child nutrition programs throughout the nation, developing programs, writing materials and providing hands-on training to educators, health care professionals and parents. She recently assisted in the development of "Every Body Eats," an interactive nutrition exhibit which is currently traveling to science museums across the U.S. She speaks frequently to local and national audiences and is a frequent guest on radio and television programs throughout the U.S. She is the editor of the Feeding Kids Newsletter, an online publication available at <http://nutritionforkids.com>.

Connie takes a positive, fun approach to the more serious issues that affect children today, including obesity, eating disorders, poor eating habits and inactivity. Through her work with children, parents, health professionals and educators, Connie strives to empower children of all ages to develop a zest for nutritious foods and an active lifestyle.