

Nutrition Facts
20 servings per container
Serving size 1 Pouch (28g)

Amount per serving
Calories 140

		% Daily Value*
Total Fat	7g	9%
Saturated Fat	1.5g	8%
Trans Fat	0g	
Polyunsaturated Fat	3.5g	
Monounsaturated Fat	0g	
Cholesterol	0g	0%
Sodium	0g	9%
Total Carbohydrate	16g	6%
Dietary Fiber	<1g	2%
Total Sugars	0g	
Includes 0g Added Sugars		0%
Protein	3g	

Vitamin D 0mcg 0% • Calcium 30mg 2%
Iron 0.9mg 4% • Potassium 30mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Enriched flour (wheat flour, niacin, reduced iron, vitamin B₁ [thiamin mononitrate], vitamin B₂ [riboflavin], folic acid), vegetable oil (high oleic soybean, soybean, palm, and/or canola oil with TBHQ for freshness), cheese made with skim milk (skim milk, whey protein, salt, cheese cultures, enzymes, annatto extract color). Contains 2% or less of salt, paprika, yeast, paprika extract color, soy lecithin.

CONTAINS WHEAT, MILK AND SOY INGREDIENTS.



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