GREAT TASTE THAT DOES YOUR HEART GOOD*

Whole grains can help support a heart-healthy* lifestyle.

FIBER Fiber, like bran fiber, plays a very important part in your digestive health and overall well-being.

REAL FRUIT Delicious raisins add a sweetness you'll love to every morning.

5

2

9

2

Enjoy the classic, delicious taste of *Kellogg's Raisin Bran*[®] with Cranberries and you'll smile your way through the day.

Your Mental Morning Stretch

Fill all empty squares so that the numbers 1 to 9 appear only once in each row, column and 3x3 box. For answers, visit kfr.com/games Delicious raisins and cranberries blended with crisp bran flakes.



6

LET'S TALK

At Kellogg, we're working harder to earn a seat at your table. What can we do to make your mornings better?

6

8 7

2

9

4

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2

9

8

COLLECT POINTS. EARN REWARDS. NO MORE CODES. TWO EASY WAYS TO COLLECT POINTS!

Go to KFR.com to learn more.



1

7 3

1 7

5

6