

GREAT TASTE

THAT DOES YOUR HEART GOOD*

* While Many Factors Affect Heart Disease, Diets Low In Saturated Fat And Cholesterol May Reduce The Risk Of Heart Disease.



HEART HEALTHY*

Whole grains can help support a heart-healthy* lifestyle.



FIBER

Fiber, like bran fiber, plays a very important part in your digestive health and overall well-being.



REAL FRUIT

Delicious raisins add a sweetness you'll love to every morning.

Enjoy the classic, delicious taste of **Kellogg's® Raisin Bran Crunch®** and you'll smile your way through the day.



Delicious raisins, toasted flakes and crunchy oat clusters glazed with a touch of golden honey.

Your Mental Morning Stretch

Fill all empty squares so that the numbers 1 to 9 appear only once in each row, column and 3x3 box. For answers, visit kfr.com/games

7	1	4	6	2	5	3	8	9
9	8	2	4	3	7	6	1	5
5	6	3	9	1	8	2	7	4
4	3	6	2	7	9	1	5	8
1	5	7	8	6	4	9	3	2
8	2	9	3	5	1	4	6	7
6	9	5	7	4	3	8	2	1
3	4	1	5	8	2	7	9	6
2	7	8	1	9	6	5	4	3



LET'S TALK

At Kellogg, we're working harder to earn a seat at your table. What can we do to make your mornings better?



Now there's more to love!
TRY
Apple Strawberry



COLLECT POINTS. EARN REWARDS.
TWO EASY WAYS TO COLLECT POINTS!

Go to KFR.com to learn more.