# GREAT TASTE

### THAT DOES YOUR HEART GOOD

\* While Many Factors Affect Heart Disease, Diets Low in Saturated Fat And Cholesterol May Reduce The Risk Of Heart Disease.

HEART HEALTHY\*
Whole grains
can help support a
heart-healthy\* lifestyle.

FIBER
Fiber, like bran fiber,
plays a very important part
in your digestive health and
overall well-being.

REAL FRUIT
Delicious raisins
add a sweetness you'll
love to every morning.

Enjoy the classic, delicious taste of Kellogg's® Raisin Bran Crunch® and you'll smile your way through the day.



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## OPEN! For BREAKFAST OpenForBreakfast.com

#### **LET'S TALK**

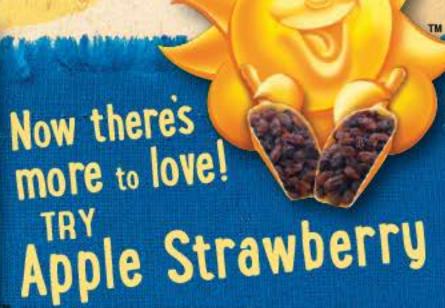
At Kellogg, we're working harder to earn a seat at your table. What can we do to make your mornings better?

### Your Mental Morning Stretch

Fill all empty squares so that the numbers 1 to 9 appear only once in each row, column and 3x3 box. For answers, visit kfr.com/games



flakes and crunchy oat
clusters glazed with
a touch of golden honey.



COLLECT POINTS, EARN REWARDS. Go to KFR.com to learn more.