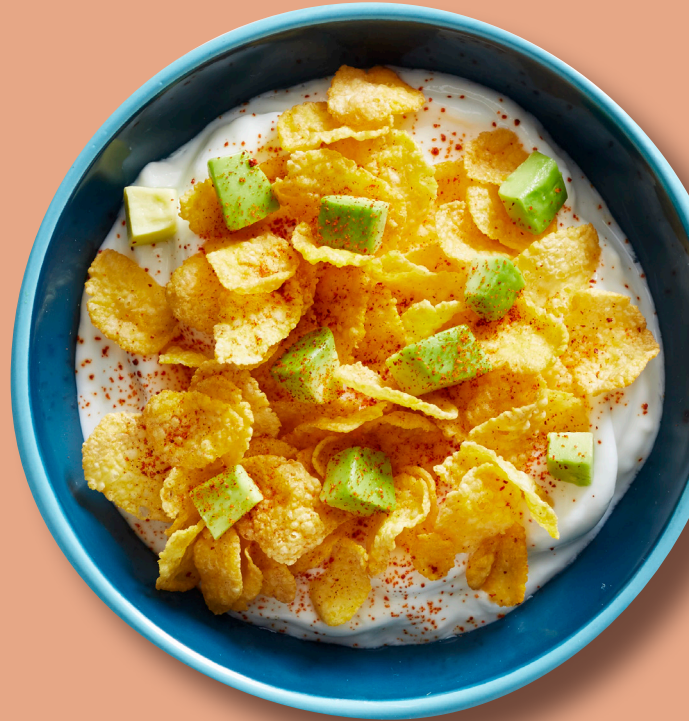


36 MIX

*Find out how far 36 oz.
of cereal can go*



36
OZ.



*Other
WIC Foods*



*Meals & Snacks
All Month Long*

— In the —>

**BOWL
& BEYOND**

healthybeginnings.com

MIX IT UP WITH CORN FLAKES®

— In the —→
**BOWL
& BEYOND**

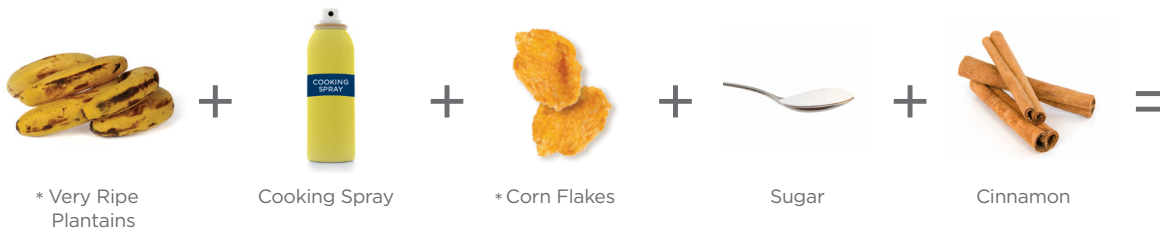
healthybeginnings.com

Cereal is the foundation of a great tasting breakfast and can be a great way to add nutrition, flavor and texture to any meal or snack. So get the most out of every ounce of goodness and “get cooking” with **Corn Flakes®**!

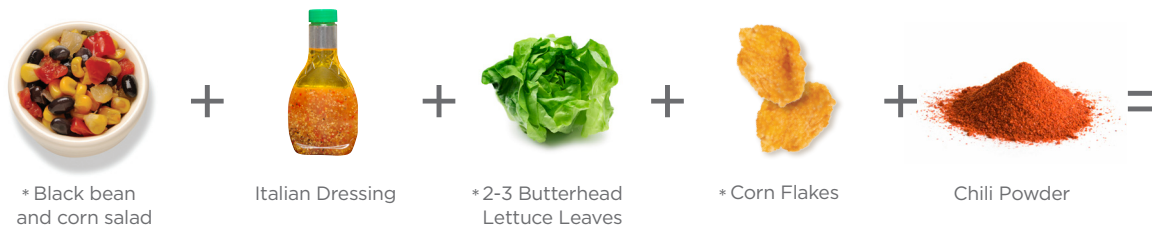
Make a crispy coating for flavorful oven “fried” chicken



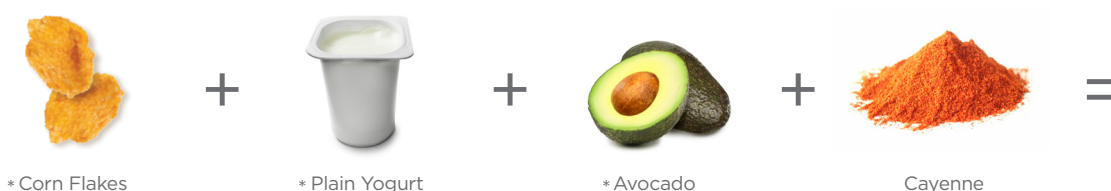
Enjoy a delicious twist on an old favorite



Add a light crunch that packs a punch of flavor to salads



Taste something new in the bowl for any time of day



* Provided in most women or children WIC food packages, check with your local agency to find out what is available.