

Kellogg's®

Simple Inside

- ✓ GOOD SOURCE OF 11 ESSENTIAL VITAMINS & MINERALS
- ✓ NO ARTIFICIAL COLORS OR FLAVORS

All-
Bran®

Complete®
Wheat Flakes



A whole
grain &
wheat bran
cereal

Serving
Suggestion

23%
daily
value
FIBER
6 GRAMS



120 CALORIES	0g SAT FAT 0% DV	260mg SODIUM 11% DV	7g TOTAL SUGARS
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PER 1 CUP SERVING

NET WT 18 OZ
Ⓢ (1 LB 2 OZ) (510g)