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Job#: 401153458_02	Description: SPECIAL K ~ PROTEIN / ORIGINAL MULTI-GRAIN TOUCH OF CINNAMON_MX		
SO#: 101451670			
Cube/Count: 219	SAP#: K 178634 003	Date: 10.25.18	Operator: gp/jm
Kellogg's Die Legend	Die#: D11247	Orig Date: 01/12/17	
	Supplier: GPI	Desc.:	
Revision:		Date:	
Revision:		Date:	

OFFSET — IMPORTANT PRINTERS - NOTE: Before printing, please ensure you have all reference materials. DO NOT alter this color separation without consent.

For technical questions regarding color separation, please contact one of the following people:

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PRO YEL
PRO MAG
PRO CYAN
PRO BLACK
PMS 1795
PMS 2171
DIE
100 95 75 50 25 5 3 2

THIS CARTON IS UNCOATED

20.750" 527.06mm

2.219" 56.36mm | 7.770" 197.36mm | 2.250" 57.15mm | 7.770" 197.36mm | 0.742" 18.83mm

1.109" 28.18mm | 15.403" 391.24mm | 12.437" 315.91mm | 1.109" 28.18mm

1.466" 37.23mm | 12.500" 317.5mm | 1.438" 36.51mm

SPECIAL K®
PROTEIN
Original Multi-Grain Touch of Cinnamon

Nutrition Facts

About 9 servings per container
Serving size 1 1/3 Cup (59g)

	Cereal		with 3/4 cup skim milk	
Calories	**210**		**270**	
		% DV*		% DV*
Total Fat	1.5g	**2%**	1.5g	**2%**
Saturated Fat	0g	**0%**	0g	**0%**
Trans Fat	0g		0g	
Polyunsat. Fat	0.5g		0.5g	
Monounsat. Fat	0g		0g	
Cholesterol	0mg	**0%**	<5mg	**1%**
Sodium	260mg	**11%**	340mg	**15%**
Total Carb.	39g	**14%**	46g	**17%**
Dietary Fiber	5g	**17%**	5g	**17%**
Total Sugars	8g		17g	
Incl. Added Sugars	8g	**16%**	8g	**16%**
Protein	15g	**13%**	22g	**25%**
Vitamin D	2mcg	10%	4.2mcg	20%
Calcium	130mg	10%	350mg	25%
Iron	18mg	100%	18mg	100%
Potassium	160mg	2%	450mg	10%
Thiamin		20%		25%
Riboflavin		20%		45%
Niacin		20%		25%
Vitamin B_6		20%		20%
Folate (folic acid)	(115mcg)	50%	(115mcg)	50%
Vitamin B_{12}		20%		50%
Phosphorus		10%		25%
Magnesium		10%		15%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Whole wheat, rice, wheat gluten, sugar, soy protein isolate, wheat bran, contains 2% or less of cinnamon, malt flavor, salt, natural flavors, BHT for freshness.

Vitamins and Minerals: Calcium carbonate, reduced iron, vitamin B_6 (pyridoxine hydrochloride), vitamin B_2 (riboflavin), folic acid, vitamin B_1 (thiamin hydrochloride), vitamin D_3, niacinamide, vitamin B_{12}.

CONTAINS WHEAT AND SOY INGREDIENTS.

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Questions or Comments?
VISIT kelloggs.com
CALL 1-800-962-1413 (SE HABLA ESPAÑOL)
PROVIDE PRODUCTION CODE ON PACKAGE.

Nutrition label look different?
Learn more at label.kelloggs.com

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Kellogg's FAMILY REWARDS®

Kellogg's® Special K® Protein Original Multi-Grain Touch of Cinnamon 19 oz.
BEST If Used By

POWERING YOUR
STRENGTH

How much fuel can you pack into a single spoon?

Well we've found it's actually quite a lot. That's why we've made it our mission to ensure that every flake in our protein blend bursts with the essential nutrients you need to make you feel strong from the inside.

Deliciously Crunchy
and lightly sweetened flakes with whole grain

Whole Grain & Fiber
for digestive wellness

Magnesium
to support protein metabolism and help power muscles by releasing fuel from internal stores

Calcium
to help muscle function and support bone health

Vitamin D
to support protein synthesis and help keep calcium readily accessible for your body

Made with Complete Protein
Good source of protein to fuel your momentum

Iron
for oomph and energy

Serving Suggestion

The best thing is, there's no compromise on taste. We promise a bowl full of rich flavors and delicious textures that work hard for you, getting the nutrition you need to power your day and

reach your potential

For more information go to:
www.specialk.com

SPECIAL K®
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Original Multi-Grain Touch of Cinnamon

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NL# 15400 K178634 003

Kellogg's® Special K® Protein Original Multi-Grain Touch of Cinnamon 19 oz.
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